T&Z BOOKWORMS

Summer Sound Detective

Close your eyes for one minute. Check off every sound you catch.

- [ ] A bird calling
- [ ] A car going by
- [ ] Someone laughing
- [ ] Wind in the leaves
- [ ] A door closing
- [ ] Water running
- [ ] A dog barking
- [ ] Your own breathing
- [ ] A fan or air conditioner
- [ ] Footsteps
- [ ] A bug buzzing
- [ ] Something you cannot name

The strangest sound I heard:

_____

_____

Detective name: _____ **Date:** _____

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Round two. Go find these on purpose.

1. Find a sound that is very quiet. Write where it was.

2. Find a sound that repeats over and over.

3. Find a sound that only happens outside.

4. Make a sound with something that is not a toy.

5. Copy a sound with just your voice. Can someone guess it?

6. Find the loudest sound in your house right now.

Now tell a story that uses three of your sounds.

Say it out loud at dinner. No writing required.

For Grown-Ups: Why This Page Exists

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The parent problem it solves

Kids hear constant noise but rarely stop to really listen, and parents want a quiet game that does not involve a screen.

What the research says

- In 2021, kids ages 8 to 12 averaged 5 hours and 33 minutes of screen entertainment a day, not counting school or homework. (Common Sense Media)
- The American Academy of Pediatrics says shared, hands-on play builds language, self-control and the bond between kids and the grown-ups who love them.

Straight talk: There is no study on sound detective games themselves. We built this as a calm, take-turns listening game, not an attention test.

How to use it

1. Everyone closes their eyes for 30 seconds, then names one sound.
2. Ask, 'What made you sure?' Describing clues is the real practice.
3. Make it easier for little ones. Stop while it is still fun.

Sources

- Common Sense Media (2022). Kids' Media Use Accelerated Rapidly During the Pandemic. commonsensemedia.org/kids-action/articles/kids-media-use-accelerated-rapidly-during-the-pandemic
- Yogman et al., American Academy of Pediatrics (2018). The Power of Play. Pediatrics. pubmed.ncbi.nlm.nih.gov/30126932

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